

# **Laced Ankle Brace**

# **Product description**

Designed to help prevent ankle injuries while preserving flexibility in daily activities. Superior ankle support and protection for all sports. This ankle brace fits both right and left feet.

# Characteristics

- Allow a break-in period of 6-8 hrs before the brace conforms to the shape of your ankle
- Removable reinforced stabilizer on each side
- Firm lateral support for additional protection
- Easy fit
- · Colour: white

**Made of:** 35% Polyester, 20% Polyurethane, 15% Cotton, 10% Foam, 15% Plastic, 3% Spandex, 2% Copper.



### **Indications**

- Sprain
- Post trauma, Post surgery
- Prevention during sports
- Recommendation by a physiotherapist

# **Available sizes**

CODE	MAN	WOMAN	SIZE	
9324	6 – 7	7 – 9	SMALL	
9325	8 – 10	10 – 11	MEDIUM	
9326	11 – 12	12 - 13	LARGE	

To determine proper size, use your shoe size as reference.

# **Adjustment**

Put on the brace, and pull laces from bottom eyelets until the brace fits tightly but comfortably. There should be no gap or bulge in the heel cut-out. To absorb sweat, wear socks. Allow a breakin period of 6-8 hrs before the brace conforms to the shape of your ankle. If you wear two braces, mark each support left or right to ensure optimal adjustment.



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Wash by hand with mild soap and air-dry.

**Caution:** If pain should persist, or if you wish to know more about how to use this product, consult a health specialist.