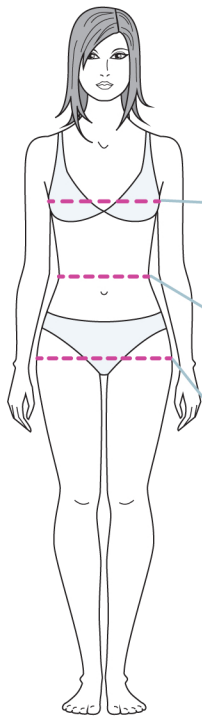


HOW TO MEASURE



BUST

Wrap the measuring tape somewhat loosely around the fullest part of your chest (at nipple level).

WAIST

While standing straight, bend over to the front or side and make a note of where your body creases. This is your natural waist. It's the narrowest part of your torso, generally located between your rib cage and belly button.

HIPS

Wrap the tape measure around the fullest part of your hips and buttocks. This is usually located 7 to 9 inches (17.8 to 22.9 cm) below your natural waist.

STANDARD SIZE CHARTS (IN INCHES)

THE TABLES BELOW INDICATE WHAT SIZE A WOMAN WEARS IF HER MEASUREMENTS ARE:

WOMEN

SIZES	2	4	6	8	10	12	14	16	18	20	22	24
BUST	32 1/2	33 1/2	34 1/2	35 1/2	36 1/2	38	39 1/2	41	43	45	47	49
WAIST	24	25	26	27	28	29 1/2	31	32 1/2	34 1/2	36 1/2	38 1/2	40 1/2
HIPS	34 1/2	35 1/2	36 1/2	37 1/2	38 1/2	40	41 1/2	43	45	47	49	51

SIZES	38	40	42	44	46	48	50	52	54	
BUST	45	47	49	51	53	55	57	59	61	
WAIST	37	39	41	43	45	47	49	51	53	
HIPS	48	50	52	54	56	58	60	62	64	

WOMEN

SIZES	XXS	XS	SM	MD	LG	XL	XXL	3X	4X	5X	
BUST	32-33	33-34	35-36	37-39	40-43	44-47	48-49	50-52	53-54	56-58	
WAIST	24-25	25-26	27-28	29-31	32-34	35-38	39-41	42-44	45-46	48-50	
HIPS	34-35	35-36	37-38	39-41	42-45	46-49	50-51	52-54	55-56	58-60	

MEN / UNISEX

SIZES	XS	SM	MD	LG	XL	XXL	3X	4X	5X	
CHEST	33-34	35-37	38-40	41-44	45-48	49-50	51-52	53-55	56-58	
WAIST	24-26	27-28	29-31	32-34	35-38	39-41	42-44	45-47	48-50	
HIPS	35-36	37-39	39-41	42-45	46-49	50-51	52-54	55-57	58-60	